

**WHAT  
IS  
TEAM YAC  
?**

Team YAC is a group created for and by teen carers just like you! To join you must live in Cheshire and be aged 14 to 18.

Joining Team YAC will give you the opportunity to connect with other young carers in your area, form new friendships, work on our Young Adult Carer programme, and learn valuable life skills. The programme includes a range of activities to encourage you to grow into an independent, self-sufficient young adult.

To register your interest in Team YAC you can contact the office via phone or email.

0151 356 3176  
events@cheshireyoungcarers.com

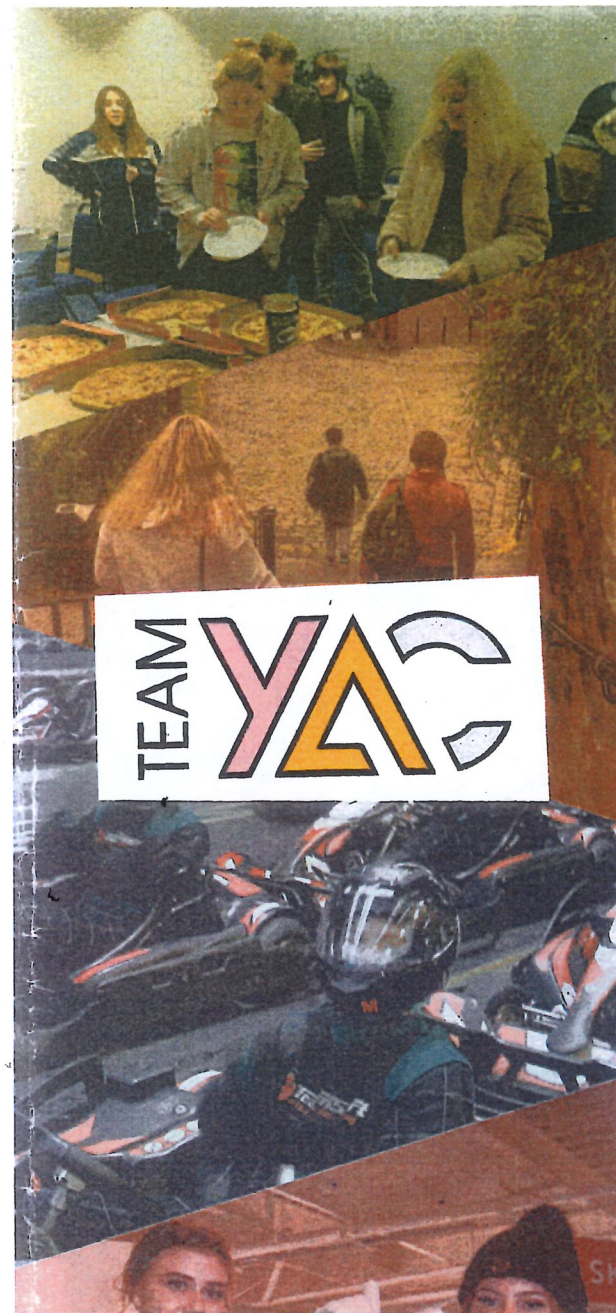
We hope to see you at a Team YAC event soon!



Cheshire Young Carers,  
Northern Lights Business Park,  
Rossfield Road, Ellesmere Port,  
CH65 3AW

0151 356 3176

events@cheshireyoungcarers.com







We are keen for you to decide and plan activities with us. Tell us what interests you? Maybe you're in a band, why not help us set up a gig night. Maybe you're an adrenaline junkie, help us plan a trip to Alton Towers. Maybe you're an upcoming make-up artist, give us a glam makeover! We are here to listen to you!

## YAC MONTHLY MEET-UPS

Every month our YAC's meet as a group to chat, share news, maybe order a takeaway; the sessions give you the opportunity to chill out and have some time to yourself. Sessions are held in the evenings.

## YACS INTO WORK

We will help develop your employability skills by introducing you to different roles and potential professions. Whether you want to work in the creative industry, healthcare, engineering, business studies, etc. Hey you might even be the next inspiring entrepreneur, so don't forget us! We will work with local employers and arrange workplace visits to help you along your career journey.

## YACS ON TOUR

Visit new places and experience new things! Previous events have included city breaks to Manchester, Liverpool and London. You will be free to explore the city, visit iconic tourist spots, shop, eat out, and make amazing memories with friends! All, whilst learning to manage money and prep you for any future travel adventures of your own.

